Infant Food Abbreviations

Meat/Meat Alternate <u>IFIC – Iron Fortified Infant Cereal</u>

 $C = Chicken & R = Rice \\ T = Turkey & B = Barley \\ Bf = Beef & O = Oat \\ Pk = Pork & M = Mixed$

Ap = Apricot VGB = Green Beans Ba = Banana VBN = Bean (Dry)

 $P = Peach \qquad VP = Pea \\ Pr = Pear \qquad VCO = Corn \\ Pl = Plum \qquad VS = Squash \\ M = Mixed Fruit \qquad VB = Beet \\ FO = Other \qquad VPO = Potato. \\ VO = Other$

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Fruits Vegetables

A = Apple VC = Carrots Ap = Apricot VGB = Green Beans

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 $\begin{array}{ll} Pr = Pear & VCO = Corn \\ Pl = Plum & VS = Squash \\ M = Mixed Fruit & VB = Beet \\ FO = Other & VPO = Potato. \end{array}$

VO = Other